



Helping patients and hospices throughout Poland



Alina Foundation cyclists deliver two new beds to the
St. John Paul II hospice in Bielsko-Biała

**Financial statements and report
for the year ended 30 September 2018**

(Registered charity number 1137887)

The Alina Foundation

Trustees' report for the year ended 30 September 2018

Our work in 2017/18

During our eighth year of operation we raised £4,747 through donations, grants and Gift Aid.

As this was a quieter year for the Foundation, we used retained funds from previous years to spend a total of £10,678 on support and equipment for 6 organisations in Poland that care for terminally ill patients. We provided vital equipment, such as beds and oxygen concentrators, so that patients can be cared for at home and spend their final months with their families. We also donated funds to an organisation we have previously visited to increase capacity at a hospice for the homeless after the organisation had to close another building due to lack of funds. A full list of the equipment and support we provided is at note 3 to the accounts.

Each piece of equipment is used to support many patients during its useful life. For example, a single bed has a life of up to 10 years, and can allow up to 40 patients to spend their final days with their families.

We work directly with individual hospices to identify the equipment that they need most at any time.

We always thoroughly research the best equipment and prices offered by many suppliers. We also have an established relationship with several suppliers who provide equipment at significant discounts.

We lack the words to express our gratitude for your support. We thank you with all our hearts, we are really amazed by this help.

Unfortunately, we have been forced to leave the buildings that contained our shelter and food bank. In this situation we are trying to adapt the space at our second shelter to make more room for those under our care. We will probably be able to increase the number of beds in a smaller space. Unfortunately, all this requires money, but despite the challenges we try to continue our work and the support we provide.

This is why we are even more grateful for your support, and simply for the fact that we can count on you.

We are hugely grateful!

- Joanna Żebrowska, Mokotów Hospice for the Homeless

Thank you for your support!

Mokotów Hospice for the homeless, Warsaw



The Mokotów hospice cares for homeless men in Warsaw. This amazing organisation runs a specialist shelter, palliative care outreach, a medical clinic, a food and clothing bank, and provides social, mental health and legal support for some of the most vulnerable people in the capital.

The society's president, Magdalena told us about the work of the hospice: from a converted warehouse the team serves warm meals, provides clothing, 40 beds and medical assistance. An outreach team searches out homeless people throughout the city and runs programs with local prisons, giving men arrested for minor misdemeanours another chance at life.

The Alina Foundation visited two shelters run by the hospice in 2017 and donated a portable blood pressure monitor and blood oxygen. In 2018 we responded to an emergency appeal by the hospice and provided funding to help increase capacity in one of its shelter after the organisation was forced to move out of another building.



Cycle the World 2018

In 2018 we decided to take a break from organising our annual rides across Europe and encouraged previous participants to organise rides in their home cities.

Rides were held in 9 cities, including Gdansk, Bielsko and Poznań in Poland, Winchester and Penn in the UK, Copenhagen in Denmark, Denver in the USA and Vancouver in Canada. These rides help spread the word about the Alina Foundation and our work, and also raised funds so that we could purchase equipment for Polish hospices during the year.



Objects & activities to benefit the public

The Foundation provides vital medical equipment and supplies for organisations that care for terminally ill patients.

The equipment we provide is used in residential hospices and lent free of charge to families so they can care for patients at home. There is a huge shortage of beds in residential units across Poland, so care at home is crucial. The patients and families we speak to also say that being at home makes a huge difference to them.

We work primarily with small, volunteer-based organisations, to help build their capacity and maximise our impact. Our main focus is on hospices that struggle to obtain sufficient funding from other sources, are new or are based in poorer, rural areas.

The organisations with which we work look after patients of all ages, including the elderly as well as children with terminal illnesses and disabilities.

Grant criteria

Our grant criteria are designed to identify the hospices where our support will make the biggest impact, and take into account:

- the location of the hospice – with an emphasis on poorer, rural areas or where demand for hospice support is particularly high;
- the availability of other funds – we aim to support hospices that struggle to obtain funding, either because they are newly established or where demand for their services significantly outstrips the funds available; and
- the use of volunteers.

In addition to these criteria we consider input from the national hospice foundation (Fundacja Hospicyjna), our own experience on the ground and the particular circumstances of individual hospices.

During each year's fundraising bike ride participants, including our trustees, visit the majority of the hospices that we support. We see first-hand how the hospices operate and use the equipment we have donated, but more importantly we meet hospice staff and volunteers to discuss how we can most effectively support them going forward.

Website and social media

The Foundation's website, www.alinafoundation.org, provides information on the charity's work and its fundraising initiatives, in English and Polish. The website includes an easy to complete form for hospices to apply for medical equipment.

We use Facebook to update supporters on our activities and achievements.

The future

In 2019 we hope to continue Cycle Poland and look for opportunities to engage the Polish community in the UK, the US and Canada, and to increase awareness of the work of Polish hospices within local communities.

We will reach out to more hospices, particularly smaller ones that do not have the resources to apply to many other sources of funding. We will do this in part via the simple application form on

our website, mailings through Fundacja Hospicyjna, and articles in the press and hospice specific publications. We will continue to support the hospices with which we already work.

We will continue to promote the work of the hospice movement in Poland.

The risks we face and our policy on reserves

As a charity that purchases equipment as funds become available, the trustees consider that the risks are relatively low and do not wish to maintain more than minimal reserves. Funds may be held over to the following financial year for expenditure in that year.

We generally do not transfer cash to hospices, but rather pay equipment suppliers directly to ensure funds are properly used. We use the fundraising bike ride to visit hospices that we support to ensure that funds are used effectively. All hospices that receive equipment are also asked to confirm, in writing, the receipt of equipment and that it will be used to look after patients, in fulfilment of the Foundation's objectives. Donation agreements for more significant purchases require the hospice to provide a brief report on the use of the equipment.

Governing document

The charity is a trust governed by a trust deed dated 12 August 2009. It was registered as a charity on 8 September 2010, having reached the financial threshold for registration with the Charity Commission.

The formal objectives of the Foundation are to:

- relieve those suffering from cancer or any terminal illness, and the suffering of their families, friends and those who care for them, whether in England or anywhere in the world, in any manner that may for the time being be deemed by law to be charitable; and
- advance public education on the subject of cancer and terminal diseases by supporting cancer awareness, education and research.

Governance & Management

Trustees are appointed by the existing trustees and receive a trustee induction pack on appointment. The current trustees include a charity director and lawyer, and a computer and business consultant. Meetings of the trustees are held regularly, and trustees also communicate regularly by phone and email.

The charity has no staff, with all management and administration carried out by the trustees on a voluntary basis. The trustees pay all overheads and expenses of the trust; all the costs listed at note 2 to the accounts were met in full by donations from the trustees. All donations from the public are used directly for charitable activities.

The Foundation works closely with a number of Polish hospices and 'Fundacja Hospicyjna' (the Polish Hospice Foundation) to identify hospices where our support will have the greatest impact. The Foundation maintains regular contact with hospices through emails, by telephone and in person as part of Cycle Poland, the charity's fundraising bike ride.

Reference and administrative information

Charity name	The Alina Foundation
Registered charity number	1137887
Principal office	65 Ashley Drive, Penn, Bucks, HP10 8AZ, UK
Trustees	Ewa Holender Janusz Holender

Responsibilities of the trustees

Charity law requires the trustees to keep accounts and prepare financial statements for each financial year. The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charity. The trustees are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud or other irregularities.

The trustees have had regard to guidance issued by the Charity Commission on public benefit in exercising their powers and duties.

We hope you find the accounts and this report useful. However, we wish to go beyond our legal obligations, to make the Foundation as transparent as possible. If any of your questions are not answered here, or if you would like to find out more about the Foundation, please contact us:

Post: 65 Ashley Drive, Penn, Bucks, HP10 8AZ

Phone: +44 1494 812342

e-mail: info@alinafoundation.org

Approved and authorised for issue by the trustees on 31 October 2018 and signed on their behalf by Ewa Holender:



Signed

Date: 31 October 2018

The Alina Foundation
Statement of financial activities
(incorporating the income and expenditure account)
for the year ended 30 September 2018

	Note	2018 £	2017 £
Incoming Resources			
Donations		4,747	9,048
Total Incoming Resources		4,747	9,048
Resources Expended			
<i>Costs of generating funds</i>			
Donations	2	(139)	(380)
<i>Costs of Charitable Activities</i>			
Grants	3	(10,678)	(8,373)
Total Resources Expended		(8,629)	(8,629)
Net Movement in Resources		(6,069)	294
Funds Brought Forward		9,404	9,110
Total Funds Carried Forward		3,335	9,404

The Alina Foundation

Balance sheet

at 30 September 2018

<i>The assets and liabilities of the charity:</i>	Notes	2018		2017	
		£	£	£	£
Current Assets					
Debtors	4	35		622	
Cash at bank and in hand		<u>3,301</u>		<u>8,782</u>	
Total Current Assets		<u>3,335</u>		<u>9,404</u>	
Creditors					
amounts due within one year		<u>0</u>		<u>0</u>	
Net Current assets			<u>3,335</u>		<u>9,404</u>
Total assets less current liabilities			3,335		9,404
NET ASSETS			<u>3,335</u>		<u>9,404</u>
<i>The funds of the charity:</i>					
Unrestricted income funds		<u>3,335</u>		<u>9,404</u>	
TOTAL UNRESTRICTED FUNDS			<u>3,335</u>		<u>9,404</u>
Restricted income funds		<u>0</u>		<u>0</u>	
TOTAL RESTRICTED FUNDS			<u>0</u>		<u>0</u>
TOTAL CHARITY FUNDS			<u>3,335</u>		<u>9,404</u>

Approved and authorised for issue by the trustees on 31 October 2018 and signed on their behalf by Ewa Holender:



Signed

Date: 31 October 2018

The notes on the following pages form part of these accounts.

1. Accounting policies

These financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice (SORP 2005).

2. Costs of generating donations

	2018	2017
	£	£
Paypal charges for processing donations	16	63
Mydonate charges (for credit card processing)	15	48
Domain registration and website hosting	95	142
Other fundraising costs (Facebook advertising, regulatory filings, business cards, postage)	13	127
Total	139	380

All these costs were met directly by corresponding donations from the trustees.

3. Charitable activities

The Foundation works with its sister charity, Fundacja Babci Aliny, which was registered in Poland on 11 October 2011. The Foundation makes restricted grants to the Polish charity for purchases of equipment. This helps to reduce costs when purchasing equipment and maximises efficiency in dealing with hospices and suppliers in Poland.

Grants to Fundacja Babci Aliny are restricted and used to purchase equipment, where this is more cost efficient than purchasing items directly through the Alina Foundation.

Restricted grants to Fundacja Babci Aliny £10,678
(equivalent to 50,000 zł)

Purchases made through grants to Fundacja Babci Aliny during the year were as follows:

Date	Hospice	Equipment	Cost (£)
31-Oct-17	Warszawa (Ks. Marianów)	10 blood pressure meters, 10 pulse-oxygen meters	288
31-Oct-17	Poznan	2 medical suction pumps	521
16-Jun-18	Poznan	2 oxygen concentrators	1083
16-Jun-18	Bielsko (residential)	2 beds	1063
11-Jul-18	Warszawa (Mokotów)	5000zł donation towards increasing the capacity of a residential hospice following closure of another hospice building	1042
24-Jul-18	Będzin	Equipment for thoracentesis therapy	270
		TOTAL	4266

The balance between the grant total of £10,678 and the cost of equipment purchased (£4,266) represents funds retained by Fundacja Babci Aliny and restricted for purchases of medical equipment in future years.

4. Debtors

£35: Gift Aid to be repaid by HMRC (2017: £622).

5. Trustees' remuneration, benefits and expenses

Trustees received no expenses, remuneration or benefits in this period (2017: nil)

6. Related party transactions

In this period the Alina Foundation made grants totalling £10,678 (2017: £8,373) to its Polish partner charity, Fundacja Babci Aliny (**FBA**).

Ewa and Janusz Holender are the trustees of the Alina Foundation and also two of the five directors of FBA, who act under the oversight of a four-person supervisory board as provided under Polish law. All directors and board members of FBA are unpaid and do not receive expenses. FBA has no staff. All its administrative costs are met by donations from Janusz and Ewa.

The funds donated to FBA were restricted and used to purchase equipment as indicated in note 3, where this was more cost efficient than purchasing items directly through the Alina Foundation.

No other person connected with the trustees has received or is due to receive any remuneration for the year directly or indirectly from the charity's funds.