



Helping Polish hospices

The Alina Holender Trust
(Registered charity number 1137887)

**Financial statements and report
for the year ended 30 September 2010**



Our first year



*"Thank you for the second aspirator, it's a great gift.
Thank you - it's fantastic that the Trust exists"*
Maria, Gizycko

*"When I said we could get a cushion for his wheelchair
I saw so much gratitude in the patient's eyes.
I wish I could have taken a photo to show you"*
Marta, Bartoszyce

*"The pump works and is super
and there aren't the words to thank you"*
Wioletta, Cieszyn



This year the Trust has:

Raised £10,666

Spent £7,368 on vital medical equipment for hospices
Allocated £2,000 to equip a complete hospice rehabilitation room
Placed £1,032 into an emergency fund for small hospices
Spent £266 generating funds, all met directly by donations from trustees

Purchased: 6 oxygen concentrators, 5 suction pumps, 4 mattresses, 4 oximeters, 1 folding bed,
1 pneumatic cushion for a wheelchair and many dressings, plasters, creams, cannulas and
intravenous drips

Funded training sessions for hospice volunteers

Provided equipment for 12 hospices

Persuaded 11 people to cycle 1175km across Poland to raise funds and visit hospices

Made a video

"Thank you for your engagement - it has had beautiful fruit."
Anna, Elblag

*"The actions of the Trust have touched and surprised us. We are
really grateful for all you are doing for the hospice movement"*
Anna, Bielsko

*"Thank you very much for the dressings and nursing supplies.
They will be very useful in caring for our patients"*
Joanna, Chorzow



The Alina Holender Trust

Trustees' report for the year ended 30 September 2010

Reference and administrative information

| | |
|----------------------------------|--|
| Charity name | The Alina Holender Trust |
| Registered charity number | 1137887 |
| Principal office | 65 Ashley Drive, Penn, Bucks HP10 8AZ, UK |
| Trustees | Ewa Holender Janusz Holender Sam Pinkstone |

Governing document

The charity is a trust governed by a trust deed dated 12 August 2009. It was registered as a charity on 8 September 2010, having crossed the threshold for registration with the Charity Commission.

Governance & Management

Trustees are appointed by the existing trustees and receive a trustee induction pack on appointment. The current trustees include a charity lawyer, a computer and business consultant and an assistant TV producer with experience of video production and web design. Meetings of the trustees are held regularly.

The charity has no staff, with all management and administration carried out by the trustees on a voluntary basis. The trustees pay all overheads and expenses of the trust; everything you see on the next page as costs is fully met by donations from the trustees. All donations from the public are used directly for charitable activities.

The Trust works closely with a number of Polish hospices and 'Fundacja Hospicyjna' (the Polish Hospice Foundation) to identify hospices where our support will have the greatest impact. The Trust maintains regular contact with hospices through emails, by telephone and in person as part of Cycle Poland, the charity's fundraising bike ride.

Objects & activities to benefit the public

We work primarily with small hospices, providing vital medical equipment that is used in residential units and lent out to families caring for patients at home. In 2010 we focused our work on Poland, a country that still struggles to provide adequate support for many people with terminal illnesses and their families, and one which the trustees know well.

Our main focus is on hospices that struggle to obtain sufficient funding from other sources, that rely heavily on volunteers and are based in poorer, rural areas.

The formal objectives of the Trust are to:

- relieve those suffering from cancer or any terminal illness, and the suffering of their families, friends and those who care for them, whether in England or anywhere in the world, in any manner that may for the time being be deemed by law to be charitable; and
- advance public education on the subject of cancer and terminal diseases by supporting cancer awareness, education and research.

The trustees have had regard to guidance issued by the Charity Commission on public benefit.

Our work during 2009/10

During our first year of operation we raised £10,666 through donations and Gift Aid. That money was used to purchase essential medical equipment for hospices throughout Poland as follows:

| Hospice | Equipment | Cost (£) |
|------------|---|----------|
| Bielsko | Finger pulse Oximeters + case | 237.43 |
| Bielsko | oxygen concentrator | 791.70 |
| Lublin | Suction pump | 202.05 |
| Gizycko | oxygen concentrator | 568.76 |
| Gizycko | oxygen concentrator | 487.95 |
| Sandomierz | Mattress | 102.46 |
| Cieszyn | Suction pump | 190.36 |
| Elblag | Set of bed sore dressings and treatments + training for volunteers and staff | 308.80 |
| Elblag | 2 Anti-bed sore mattresses with pumps and filters | 638.06 |
| Brzozow | dressings, cannulas, creams and lotions, plasters, bandages, syringes and intravenous drips | 123.49 |
| Bartoszyce | oxygen concentrator | 496.15 |
| Bartoszyce | Pneumatic cushion for wheelchair | 242.93 |
| Chorzow | bed sore dressings, plasters, creams and skin cleaning lotions | 265.49 |
| Bialystok | oxygen concentrator | 504.59 |
| Bialystok | suction pump | 196.86 |
| Kalisz | suction pump | 348.11 |
| Pulawy | Mattress | 84.31 |
| Pulawy | oxygen concentrator | 647.10 |
| Bielsko | suction pump | 87.40 |
| Bielsko | Folding hospital bed | 497.95 |

The balance will be spent over the coming months to equip a rehabilitation room in the Elblag hospice and as part of a fund open to small hospices that need equipment, advertised through our website and Fundacja Hospicyjna publications.

Each piece of equipment will be used to support a number of patients over its lifetime, so the 21 pieces of equipment and the parcels of dressings and other supplies we have already bought this year will help hundreds of patients and their families.

We work directly with individual hospices to identify the equipment that they most need at any given time. During this year's fundraising bike ride participants, including our trustees, visited the vast majority of the hospices that we have supported. This allowed us to see first hand how the hospices operate and put the equipment we have donated to use, but more importantly to meet hospice staff and volunteers and discuss how we can most effectively support them going forward.

Although we always thoroughly research the best equipment and prices offered by many suppliers, we have an established relationship with Apteka24, a Polish pharmacy that has kindly agreed to provide equipment at significant discounts. The discounts on equipment purchased through Apteka24 during this financial year have amounted to £462.

Grant criteria

Our grant criteria are designed to identify the hospices where our support will make the biggest impact, and take into account:

- the location of the hospice – with an emphasis on poorer, rural areas or where demand for hospice support is particularly high

- the availability of other funds – we aim to support hospices that struggle to obtain funding, either because they are newly established or where demand for their services significantly outstrips the funds available
- the use of volunteers.

In addition to these criteria we consider input from Fundacja Hospicyjna, our own experience on the ground and the particular circumstances of individual hospices.

Website

The Trust's website, www.alinaholendertrust.co.uk, provides information on the charity's work and its fundraising initiatives in English and Polish. The website includes an easy to complete form for hospices that would like to apply for funding for medical equipment.

Cycle Poland 2010

The big success for the Trust this year was a fundraising bike ride across Poland. 10 volunteers from Britain cycled 1175km from Gdansk to Bielsko-Biala visiting 8 hospices along the way. They were joined by a number of Polish volunteers from local hospices, the Gdansk medical school, Fundacja Hospicyjna and local cycling clubs.

The ride began at the Fundacja Hospicyjna annual conference "I like to help", where one of the trustees gave a short presentation on the Trust and our cyclists were 'launched' by over 200 hospice workers and volunteers. The ride received extensive coverage in the Polish media, raising the profile of the hospice movement, the Trust and the individual hospices that we visited. Through sponsorship from individuals and companies the ride raised over £8,000. Riders had the opportunity to visit hospices, meet volunteers, staff and patients and gain an understanding of the impact the funds they raised will have. All riders paid the costs of the ride in full, so all funds raised were used directly to fund the purchase of medical equipment.

The ride gave us a wonderful opportunity to use the skills of our volunteers with experience in media to produce a short video about the ride, the Trust and the work of Polish hospices. We hope to use this video for future fundraising and to publicise next year's ride. The video will be made available on the Trust's website as soon as it is finished.

The risks we face and our policy on reserves

As a charity that purchases equipment as funds become available the trustees consider that the risks are relatively low and do not wish to maintain more than minimal reserves.

We do not transfer cash directly hospices and use the fundraising bike ride to visit hospices that we support to ensure that funds are used effectively. All hospices that receive equipment are asked to confirm receipt of equipment and to confirm that it will be used to look after patients, in fulfilment of the charity's objectives.

The future

In 2010/11 we hope to grow Cycle Poland to involve more Polish volunteers and to engage new donors based in Britain. We hope to use the video produced by the Trust's volunteers to promote the Trust within the Polish community in Britain, to broaden our donor base. We hope that this will allow us to put in place a fund that can ultimately meet all the requests for equipment that we receive. We will reach out to more hospices throughout Poland to provide the essential equipment that they need, and hope to continue to support the hospices with which we already work.

We will continue to promote the Trust's work in Poland to boost the profile of the hospice movement, attract donors and reach small hospices throughout the country that do not have the

resources to apply for other sources of funding. We will do this in part via the simple application form on our website, mailings through Fundacja Hospicyjna and articles in the press and hospice specific publications.

Responsibilities of the trustees

Charity law requires the trustees to keep accounts and prepare financial statements for each financial year. The trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charity. The trustees are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud or other irregularities.

We hope you find the accounts and this report useful. However, we wish to go beyond our legal obligations, to make the Trust as transparent as possible. If any of your questions are not answered here, or if you would like to find out more about the Trust, please contact us:

Post: 65 Ashley Drive, Penn, Bucks, HP10 8AZ
Phone: +44 1494 950472
e-mail: aht@holender.co.uk

Approved and authorised for issue by the trustees on 1 October 2010 and signed on their behalf by Ewa Holender:



Signed

Date: 1 October 2010

The Alina Holender Trust
Statement of financial activities
(incorporating the income and expenditure account)
for the year ended 30 September 2010

| | Note | 2010 £ |
|---|------|-----------------------|
| Incoming resources | | |
| Incoming resources from generated funds | | |
| Voluntary income | | |
| Donations | | 10,666 |
| Total incoming resources | | <u>10,666</u> |
| Less: cost of generating funds | | |
| Voluntary income | | |
| Donations | 2 | (266) |
| Total cost of generating funds | | <u>(266)</u> |
| Net incoming resources available for charitable activities | | <u>10,400</u> |
| Charitable activities | 3 | (7,368) |
| Total resources expended | | <u>(7,634)</u> |
| Net incoming/(outgoing) resources | | 3,032 |
| Total funds brought forward | | <u>0</u> |
| Total funds carried forward | | <u>3,032</u> |

Please note that this is the first year of the charity's operation. There are therefore no figures for previous years included in the accounts.

**The Alina Holender Trust
Balance sheet
at 30 September 2010**

| | Note | 2010 £ |
|-------------------------------------|------|--------------------|
| Current assets | | |
| Cash at bank and in hand | | 3019 |
| Debtors | 4 | <u>13</u> |
| Total current assets | | 3032 |
| Liabilities | | |
| Creditors: | | |
| amounts falling due within one year | | <u>0</u> |
| Net current assets | | 3032 |
| Net assets | | <u>3032</u> |
| The funds of the charity | | |
| Unrestricted income funds | | 3032 |
| Restricted income funds | | <u>-</u> |
| Total funds | | <u>3032</u> |

Please note that this is the first year of the charity's operation. There are therefore no figures for previous years included in the accounts.

Approved and authorised for issue by the trustees on 1 October 2010 and signed on their behalf by Ewa Holender:

Signed



Date: 1 October 2010

The notes on the following pages form part of these accounts.

1. Accounting policies

These financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice (SORP 2005).

2. Cost of charitable activities

| Hospice | Equipment | Cost (£) |
|------------|---|----------------|
| | | |
| Bielsko | Finger pulse Oximeters + case | 237.43 |
| Bielsko | oxygen concentrator | 791.70 |
| Lublin | Suction pump | 202.05 |
| Gizycko | oxygen concentrator | 568.76 |
| Gizycko | oxygen concentrator | 487.95 |
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| Bialystok | suction pump | 196.86 |
| Kalisz | suction pump | 348.11 |
| Pulawy | Mattress | 84.31 |
| Pulawy | oxygen concentrator | 647.10 |
| Bielsko | suction pump | 87.40 |
| Bielsko | Folding hospital bed | 497.95 |
| | Total bank currency conversion cost and charges of purchasing equipment | 146.58 |
| | Currency exchange fluctuation loss on purchases | 199.68 |
| | | |
| | Total | 7368.21 |

3. Costs of generating voluntary income

| | |
|--|------------|
| Paypal fees | 207 |
| Stationery | 35 |
| Website | 24 |
| Total cost of generating voluntary income | 266 |

All these costs have been met directly by corresponding donations from the trustees.

4. Debtors

£12: Gift Aid to be repaid by HMRC.

5. Trustees' remuneration, benefits and expenses

Trustees received no expenses, remuneration or benefits in this period.

6. Related party transactions

No person connected with the trustees has received or is due to receive any remuneration for the year directly or indirectly from the charity's funds.